

JSI R&T INDIA FOUNDATION



JSI R&T INDIA FOUNDATION



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2024-2025

JSI R&T INDIA FOUNDATION

ANNUAL REPORT



DIRECTORS' REPORT**To the Members**

Your directors are pleased to present the 11th Annual Report with the Audited Financial Statement for the financial year ended March 31, 2025.

FINANCIAL HIGHLIGHTS AND STATE OF AFFAIRS

The financial results for the financial year ended March 31, 2025, and for the previous year ended March 31, 2024, are summarized below:

PARTICULARS	Amount in INR Lakhs	
	2024-2025	2023-2024
Grant Accrued	782.26	1,169.33
Other Income	6.52	5.52
Total Contribution/Income	788.78	1,174.85
Program Expenses	751.36	1155.48
Other Expenses	21.79	4.72
Total Expenses	773.14	1,160.20
Excess of Income over Expenditure	15.63	14.65
Net Surplus	15.63	14.65
Earnings per share (In INR)-Basic and Diluted	156.34	146.49

OPERATIONAL REVIEW

Your Company is a non-profit organization registered under section 8 of the Companies Act, 2013, continued its mission to improve the health and well-being of vulnerable communities through innovative, evidence-informed, and replicable strategies, in close collaboration with key government agencies, the private sector, and civil society partners.

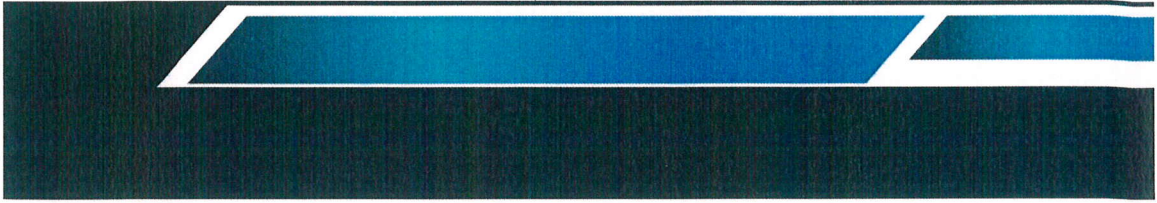
During the financial year under review, The Company received total grants amounting to **INR 782.26 Lakhs**, representing a **33.10% decline** compared to the previous year. This reduction in receipts is primarily due to the planned conclusion of certain long-term projects, most notably the **Supply Chain Management Strengthening Project** funded by **Plan International (India Chapter)**, which successfully concluded in **September 2024**. Despite the decline in overall receipts, the Company generated a **surplus of INR 15.63 Lakhs** (Previous Year: INR 14.65 Lakhs), reflecting prudent financial management and operational efficiency. In line with our accounting practice and commitment to reinvest in mission-aligned initiatives, the entire surplus has been carried forward to the **Balance Sheet**, without any transfer to specific reserves.

JSI Foundation remains committed to strategic partnerships with the **Ministry of Health and Family Welfare, Ministry of Women and Child Development, UNICEF, UNDP**, and various CSR entities, to continue advancing comprehensive and context-specific public health programs across India.




Key Achievements During the year are as follows:





In Association with



Implementing Partners



Content



01

Key Achievements

1

02

TRACK 1: 1000 DAYS LIFE CYCLE APPROACH

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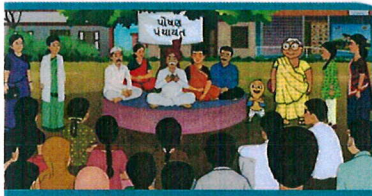
KEY ACHIEVEMENTS



1

Significant Reduction in Malnutrition

Achieved an 84% reduction in malnutrition through focused interventions.



2

Recognition of Suposhit Panchayats

14 Panchayats declared as Suposhit Panchayats for exemplary work in promoting nutrition and health.



3

Nutrition Awareness through Recipe Booklet

- 60,000 copies of Poshan no Adhar – Paushtik Aahar booklet distributed by WCD across Anganwadi Centres.
- Focused on affordable, nutritious, and locally available food options.



4

Strengthened Community Engagement through IEC

Developed and disseminated engaging IEC materials, including:

- Breastfeeding Week GIFs
- Informative posters
- VHSNC awareness video

Widely circulated via WCD's official social media channels.



5

Statewide Nutrition Tele-Counselling

- Engaged 16 tele-counsellors at the Nutrition Tele-counselling Centre.
- Provided personalized guidance on nutrition, health practices, and entitlements.



6

Development of Smart Anganwadis

- Established 3 Smart Anganwadi Centres at Dwarka Advent Cinema 10, 11, 12 aligned with Saksham Anganwadi Guidelines. Features include improved infrastructure as per BALA theme, books, toys, Television and child-friendly spaces.

1

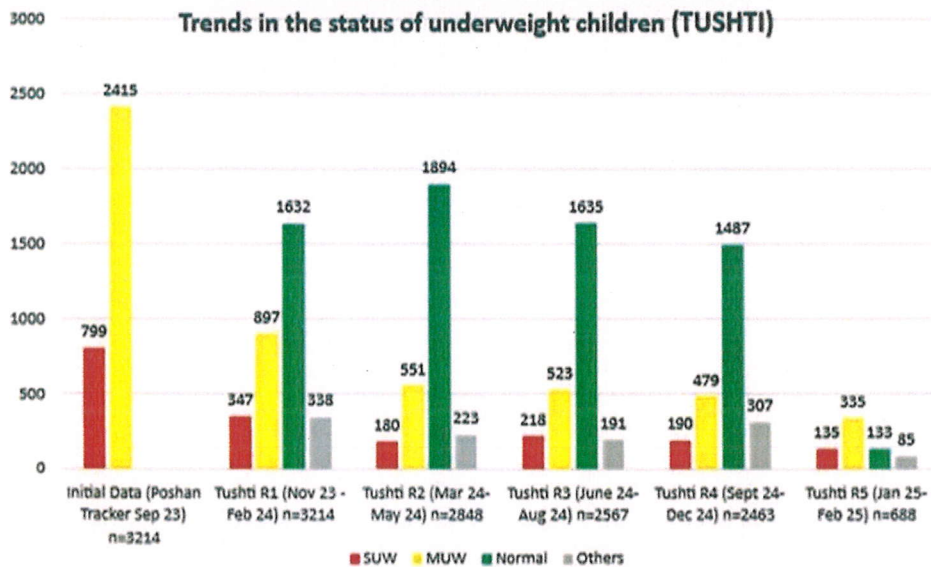
TRACK 1: 1000 DAYS LIFE CYCLE APPROACH

Tracking and Caring of Malnourished Children

At the beginning of Phase 2, a total of 3,214 malnourished children (Severely Underweight and Moderately Underweight) were identified across 65 high-concentration villages, based on ICDS Poshan Tracker data.

From November 2023 to February 2025, five rounds of joint growth monitoring and tracking of malnourished children were conducted in collaboration with ICDS. These were supported by one-to-one counselling sessions, Targeted THR (Take Home Ration) promotion, and regular awareness sessions in the communities. These collective efforts focused on improving nutrition, hygiene, and ensuring access to ICDS services. As a result, significant social and behavioural changes were observed, leading to a substantial reduction in malnutrition. By the fifth in February, up to 85% of the identified children had shown measurable improvement marking a major step toward sustainability and long-term community impact. In parallel, these 3,214 children were also tracked in the Poshan Tracker system, with data aligned and cross-verified with Tushti's field data. After addressing data discrepancies and ensuring consistency, the Poshan Tracker reflected an 84% reduction in malnutrition status among these children, further validating the success of the intervention.

TUSHTI Data (Growth Monitoring)



[Handwritten signature]

Growth Monitoring

Following the growth monitoring and tracking, we also initiated targeted medical camps for children identified as needing medical consultation. These camps provided medications and counselling, ensuring a more comprehensive and holistic approach to improving child health outcomes. As a result of these sustained efforts and a series of targeted interventions, "Adarsh Families"—those who actively supported the initiatives and contributed to the improvement of their child's nutritional status—were identified and recognized for their commitment.



Height Measurement



Weight Measurement



Parental Counselling by Tushti's FO

Medical Camp



Medical Camp

8 medical camps were conducted across all blocks of Dwarka district, with a primary focus on addressing malnutrition among children in need of intervention. A pediatrician-led medical team carried out thorough assessments based on the "4 Ds" framework—Defects at birth, Deficiencies, Developmental Delays, and Disabilities. Essential medications were provided to cater to the specific health needs of each child, ensuring their well-being and recovery.

Key Outcomes

A total of 345 children participated in the medical camps.

Live recipe demonstrations using Take-Home Rations (THR) and locally available nutritious foods helped parents understand the importance of balanced meals for their children.

Distribution of medicines tailored to individual health requirements.



Live Recipe Demonstration using THR

Adarsh Family Felicitation



Adarsh Family Felicitation

The Adarsh Family Felicitation celebrated families who demonstrated remarkable improvement in their children's nutritional status. These inspiring families were recognized for their dedication and positive practices, emerging as true champions in fostering healthier and brighter futures for the next generation.

TRACK 2: ADDRESSING SOCIAL DETERMINANTS OF MALNUTRITION

Counselling Session



Counselling of Lactating Mother

A total of **3696 pregnant and lactating mothers** received in-depth counselling sessions covering key aspects of the 1,000-day life cycle. These sessions focused on birth preparedness, infant and young child feeding (IYCF) practices, antenatal care (ANC), postnatal care (PNC) services, birth spacing methods, maternal nutrition, anemia prevention, and hygiene.

These counselling sessions were conducted both at Anganwadi Centers (AWCs) and through home visits, involving not only the pregnant and lactating mothers but also their mothers-in-law. The sessions were carried out in collaboration with Anganwadi Workers (AWWs) and Accredited Social Health Activists (ASHAs) to ensure the widest possible reach and impact.

The aim was to provide comprehensive support and education to these women, empowering them to make informed decisions regarding their health and the health of their children.

Counselling Session of Adolescent girls

Counselling sessions were organized for **1,705 adolescent girls** during visits to villages and Anganwadi Centres (AWCs), focusing on key topics such as the menstrual cycle, anemia prevention, IFA tablet consumption, promotion of Take-Home Ration (THR), and menstrual hygiene and sanitation.

The sessions also emphasized the importance of delaying marriage and pregnancy, highlighting the value of education, career development, and personal growth. Participants were informed about the health risks of closely spaced pregnancies and introduced to various birth spacing methods. These sessions were conducted at AWCs and through home visits by community health workers, engaging not only adolescent girls but also their families and community members to foster awareness and encourage positive behaviour change.



Activity based counselling session of Adolescent girls

Anaemia Screening and Promotion of IFA Supplementation for Adolescent Girls



Anemia Screening

Under the Anemia Mukt Bharat initiative, a total of **427 adolescent girls** were screened and counselled for anemia during the T3 Camp, conducted in collaboration with the Health Department. Those found with low hemoglobin levels were further assessed for iron deficiency anemia, provided with iron-folic acid (IFA) tablets, and are being regularly monitored to ensure adherence to supplementation.

In addition, out-of-school adolescent girls were counselled on optimal nutrition practices and screened using digital hemoglobinometers at Anganwadi Centres during Village Health, Nutrition, and Sanitation Day (VHNSD) events, medical camps, and PURNA Divas, with active support from Auxiliary Nurse Midwives (ANMs).

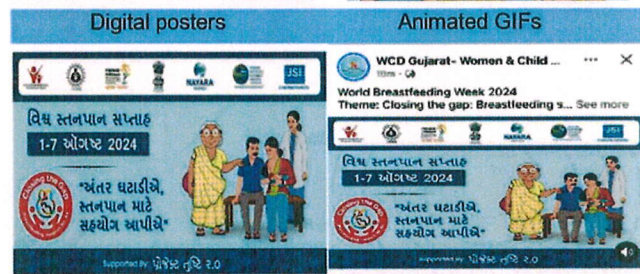
TRACK 3: DEVELOPMENT OF IEC MATERIALS

Development Of IEC Materials To Promote Sustainable Behaviour Change

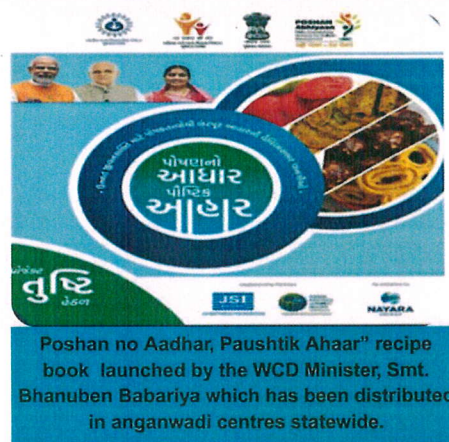
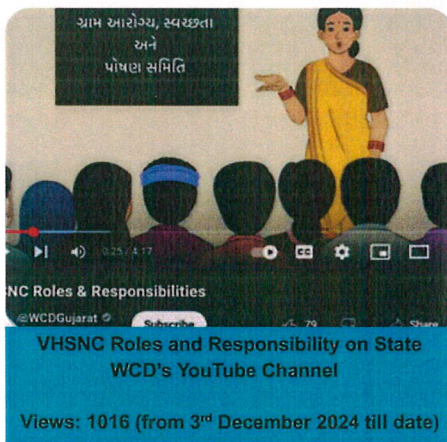
Seven GIFs and eight posters were created highlighting themes like the significance of early breastfeeding, making it comfortable, rights of mothers and children, support for working mothers, and the role of husbands, families, and frontline workers.

These were widely shared via WhatsApp and the Department of Women and Child Development's Instagram and Facebook pages reaching over 2728 beneficiaries each post.

The campaign successfully raised awareness and influenced positive breastfeeding practices, impacting thousands of pregnant and lactating women, their families, and frontline workers statewide



GIFs shared on social media platforms by DWCD



Poshan no Aadhar, Paushtik Ahaar" recipe book launched by the WCD Minister, Smt. Bhanuben Babariya which has been distributed in anganwadi centres statewide.

Four animated video films and accompanying radio jingles were developed on critical themes such as promotion of Take-Home Ration (THR), menstrual health and hygiene, prevention of anemia among adolescent girls, and breaking the vicious cycle of anemia and will be disseminated in FY 2025-26.

These engaging video will be widely disseminated across all official social media platforms of the Department, amplifying outreach and promoting awareness among communities.

TRACK 4: STRENGTHENING OF ICDS SERVICES

Upgradation of Anganwadi Centre



Smart Anganwadi developed at Dwarka

To enhance service quality and create a child-friendly environment, significant efforts have been made to upgrade AWCs under Project Tushti. In the current year, three AWCs at Dwarka Advent Cinema 10, 11, and 12 have been developed as Smart Anganwadis. Additionally, JSI has established three more Smart/Saksham AWCs in Khambhalia, Bhanvad, and Bhatia, complementing the initiatives of Project Tushti.

Earlier, in 2021, a total of 14 AWCs were renovated, and in 2023, eight AWCs were transformed into Smart AWCs—six under Project Tushti and two by JSI—marking continued progress in strengthening the infrastructure for early childhood care and development.

Strengthening of 4 Tuesdays and Mamta Divas

Under the Poshan Abhiyaan, Project Tushti focuses on strengthening the activities conducted during the four Tuesdays of each month by ensuring comprehensive planning, resource allocation, and effective implementation. Through targeted outreach efforts, awareness campaigns, and community engagement initiatives, the project actively encourages increased participation of beneficiaries, instilling a sense of ownership and dedication to nutrition and health promotion initiatives



•Suposhan Samwad (First Tuesday)

•Counselling sessions on IYCF practices, nutrition, hygiene, and IFA/calcium consumption.



•Baal Tula (Second Tuesday)

•Monitor the weight and height of registered children to assess their nutrition status.



•Annaprashan Divas (Third Tuesday)

•Feeding of children aged 6 months and above something sweet to mark the start of their age appropriate feeding journey.



•Annavitran and Purna Divas (Fourth Tuesday)

•Counselling sessions for adolescent girls and distribute Take Home Ration to beneficiaries.



Parental Counselling during Mamta Divas

Project Tushti focused on increasing beneficiary participation in Mamta Divas (VHSND) through targeted initiatives. Special efforts were made to engage beneficiaries in key activities such as immunization drives, growth monitoring, and antenatal and postnatal check-ups for pregnant and postpartum women in collaboration with the Health Department. A total of 2107 counselling sessions were conducted to deliver essential health and nutrition information. By improving the quality and accessibility of services, Project Tushti aimed to enhance the overall impact of Mamta Divas.

Importance of THR and it's Consumption

Project activities included ensuring beneficiaries received THR on the 4th Tuesday of each month. A recipe booklet called "Supushti 1.0" that was developed in 2023 in collaboration with the ICDS team, featuring THR-based recipes is also being used for preparation. Live recipe demonstrations were conducted to showcase these recipes and educate beneficiaries on correct cooking methods. Community members were sensitized about the importance of THR during home visits and visit to AWCs. Additionally, competitions were organized to promote THR and millet consumption, encouraging community engagement and participation.



Counselling on THR Consumption



Food items developed from THR packets with help of Supushti Recipe Booklet



TRACK 5: ECOSYSTEM STRENGTHENING



Kitchen Garden developed using Poshan Vatika kit

Poshan Vatika

The Poshan Vatika initiative empowered families to cultivate nutrient-rich vegetables at home, encouraging their regular consumption for better health and well-being. Each Poshan Vatika kit included 8–10 varieties of vegetable seeds, a bio-pesticide bottle, a Poshan Vatika Card, an information leaflet, a recipe booklet, and a vegetable bag to support home gardening efforts.

This year, 978 kits were distributed, and cumulatively, the initiative has benefited over 5,000 families, promoting cost-effective and sustainable access to essential nutrients. The growing reach of this initiative highlights its positive impact on household nutrition and food security.

Purna Potli

A health kit for adolescent girls to manage menstruation that includes a comic book, a carry-on pouch, 4 reusable cloth pads with a manual, and an anaemia prevention booklet. The initiative aimed to provide safe menstrual hygiene products and eliminate taboos surrounding menstruation. Adolescent girls were educated on menstrual health and provided with cloth sanitary pads. A total of **653 purna potli were distributed and over 3000 AGs were benefited** from this initiative.



Counselling session through Purna Potli

Strengthening VHSNCs



VHSNCs Meeting

VHSNCs were instrumental in promoting community engagement and decision-making in health and nutrition. Across Dwarka District, 62 meetings were held with PRI members, ASHA Workers, AWWs, AWHs, and other community members. Discussions focused on community participation, planning, monitoring, resource mobilization, health and education awareness, and linkages and advocacy. Through interactive discussion, coupled with the active involvement of local leaders and health workers, these meetings helped in disseminating valuable information and enhanced understanding of health and nutrition-related issues among the community members.

Achievements under VHSNCs

Suposhit Panchayats: 14 panchayats were recognized for significant progress in reducing malnutrition and improving health.

VHSNC Functionality: Active VHSNCs increased from 20% to 60%, holding regular meetings to address health and nutrition issues.

Anganwadi Fund Utilization: Committees are effectively using funds to enhance infrastructure and service delivery.

Support for Vulnerable Groups: Prioritizing malnourished children, pregnant women, lactating mothers, and anemic girls.

Infrastructure Improvement:

- Bhimrana: Approved funds for an Anganwadi compound and wall.
- Mevasa: Increased Anganwadi attendance (6-7 to 18-20) and achieved 100% immunization.
- Goriyari: Allocated office space for the health team.
- Chachlana: Installed a toilet door at the sub-center.



Poshan Sabha/Poshan Panchayat

Over the year, 35 Poshan Sabhas were organized across all four blocks of Dwarka district, engaging more than 1402 participants, including PRI members, Mamlatdars, Anganwadi workers (AWWs), helpers (AWHs), community health officers (CHOs), Anganwadi supervisors, frontline health workers (FHWs), and beneficiaries. These sessions served as vital platforms for discussions on key health and nutrition topics such as Take-Home Rations (THR), IFA and calcium supplementation, breastfeeding, immunization, menstrual hygiene, and the significance of BMI and haemoglobin (HB) check-ups. Interactive ice-breaking activities fostered meaningful dialogue and improved understanding.



Poshan Sabha

Key Initiatives:

Awareness sessions on nutrition, hygiene, and healthy daily habits.

Distribution of IFA tablets and observance of Mamta Divas, along with dedicated "4 Tuesdays" programs for pregnant women, adolescent girls, and lactating mothers.

Counseling sessions to address challenges faced by beneficiaries.

Engaging activities, including a fancy-dress competition for Anganwadi children.

Recognition programs such as "Suposhit Panchayat" and "Aadarsh Family" awards to promote ideal family health practices.



Poshan Pakhwada and Poshan Sabha



Poshan Pakhwada and Poshan Sabha

Celebration of Important Events

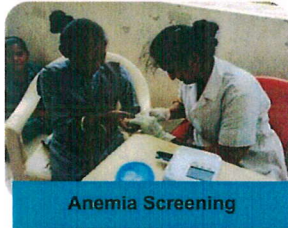
Breastfeeding week 2024 (1st to 7th August)

Various community outreach activities like: Rallies, Tree Plantation, Suposha Samwaad, etc. were organized covering 41 villages of all four blocks of Devbhoomi Dwarka in close collaboration with ICDS with 1,791 beneficiaries including 488 Pregnant Women, 444 Lactating Mothers and over 526 other family members actively participated and benefitted from these events. With 4 Mega Events which was graced by senior dignitaries of government.

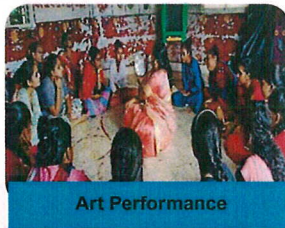


Rally for awareness during World Breastfeeding Week

International Youth Day



Anemia Screening



Art Performance

A convergence event with ICDS & Health Department, focusing on adolescent girls as primary beneficiaries, was organized across 4 blocks covering 12 villages, graced by senior dignitaries, with the CSR team from Nayara Energy.

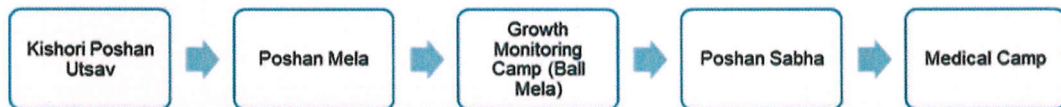
Activities like- Hb testing for AG by health team, Interactive Games Session (Quiz, Snake and Ladder Games), Salad Competition, Mehendi Competition, Various Session- Using digital technology for BMI check, how to overcome addiction, Digital Literacy, and Art Performances were conducted in which 984 participants were present during the event, including 875 Adolescent Girls, 42 Guests (including guests from WCD and ICDS Department and PRI members), 54 Frontline workers and 13 others actively participated in the events.



Counselling session

National Nutrition Month

Total number of beneficiaries covered were 6372 in 62 villages, and 437 AWCs. Key Activities during National Nutrition Month are as follows:



National Nutrition Month Celebration



Counselling session on importance of THR and nutrition

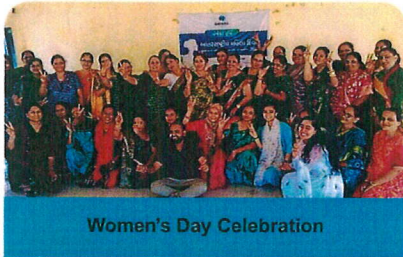
Republic Day Celebration



Tableau of Project Tushti was presented on January 26, 2025 at Khambhaliya visited by DDO, CDHO, TDO, and THO.



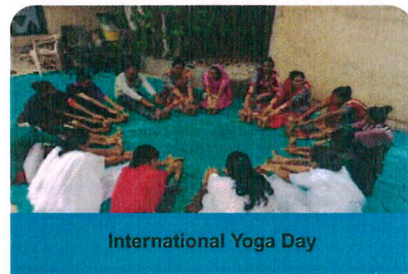
International Women's Day



The event, themed "Moving Forward Together," brought together 294 remarkable women for a day of empowerment, inspiration, and connection through engaging, fun, and meaningful activities.



Glimpse of other Celebrations



TRACK 6: POSHAN SAKHI- NUTRITION TELE-COUNSELLING CENTRE

To take a step forward in this mission, Tushti has partnered with the Department of Women and Child Development (DWCD), Gandhinagar and rolled out the Nutrition Tele-counselling Centre within the Department. This initiative aims to strengthen nutrition education and promote sustainable behaviour change on nutrition practices through innovative digital technologies across the state of Gujarat. Housed within the State Management Centre (SMC) at DWCD, Gandhinagar, since October 2024, the centre leverages a tele-counselling platform to provide personalized and interactive nutrition guidance to various target groups, including parents of under-5 children, adolescent girls, pregnant women, lactating mothers, and frontline workers across Gujarat.



State management Centre

Key Components of Poshan Sakhi

A dedicated team of 16 trained tele-counsellors and 1 supervisor proficient in nutrition and behaviour change communication provides personalized guidance and support to beneficiaries and Frontline Workers.

A robust software platform facilitates seamless call handling, information sharing, and tracking of beneficiary data, ensuring efficiency in service delivery.

Systems are in place to capture, monitor, and analyze interactions with beneficiaries.

A repository of nutrition-related messages is available for tele-counsellors to share with beneficiaries through digital channels for supporting the counselling process.

Regular training programs are conducted for tele-counsellors to enhance their skills in nutrition counselling and effective communication, ensuring high-quality service delivery.

Trained tele-counsellors offer personalized one-on-one nutrition counselling over the phone.

The NTCC supports Anganwadi Workers by offering training and access to digital tools, enhancing their service delivery and contributing to better health outcomes in the community.

Through interactive tele-counselling sessions, the NTCC aims to equip individuals and communities with the knowledge and resources required to adopt sustainable nutrition and health practices. This contributes to the overall objective of improving nutritional status and achieving the vision of a "Suposhit Gujarat."

Month	Total Calls	Connected Calls
November	15727	5721
December	15511	6103
January	12047	5160
February	39100	14580
March	36657	13650



TRACK 7: CONVERGENCE

The project undertook converging activities comprehensive efforts across Devbhumi Dwarka focusing on community engagement, capacity building, health and nutrition, infrastructure, and strategic planning.

It celebrated key events like Poshan Maah, Mangal Divas, and others to promote awareness on health, nutrition, and hygiene. Health camps, BMI/HB checks, and growth monitoring were conducted regularly. Field staff were trained in TOT, SBCC, C-MAM, and digital tools like the Poshan Tracker and Digital Health Card. Infrastructure upgrades for Anganwadi Centres were planned in collaboration with partners.

Strategic meetings, recognition events, and dissemination of IEC materials strengthened visibility and impact. The project also operationalized the Nutrition Tele-Counselling Centre (NTCC), submitted performance reports, and contributed to state-level planning, including SBCC strategy and Suposhit Dwarka initiatives.



Cooking Competition



International Youth Day



World Menstrual Hygiene Day Rally



Poshan Maah activity with district ICDS team



Poshan Sabha

Way Beyond Dwarka

As part of the ongoing efforts to promote impactful nutrition interventions, the Tushti model was presented at various state-level meetings convened under the chairmanship of the Secretary, Department of Women and Child Development (DWCD), Gujarat.

During these presentations, the Tushti approach—focusing on high-burden, high-concentration areas through integrated, community-based interventions—received strong appreciation from the Secretary, DWCD. The model's data-driven implementation strategy and its measurable impact on malnutrition were recognized as best practices.

At the request of the department, the Tushti model was also presented to all Program Officers across the state, enabling the dissemination of key learnings, strategies, and tools for improving nutrition outcomes. Following these discussions, the department has recommended scaling up the Tushti model in other districts of Gujarat to replicate its success in reducing malnutrition.

This convergence effort has not only validated Tushti's effectiveness but has also laid the foundation for broader adoption and alignment with the state's nutrition and child development goals.

The ICDS, Department of Women and Child Development extended their heartfelt appreciation to Nayara Energy and JSI R&T India Foundation for our exemplary support in strengthening the infrastructure of the State Management Centre (SMC) under Project Tushti. Our valuable contributions have played a crucial role in enhancing the operational capacity of the SMC, thereby enabling more effective coordination and delivery of nutrition counselling/interventions across the state.



Tushti's presentation on 24th October 2025 in presence of Secretary WCD and Commissioner ICDS



Social Media Coverage- Presenting Tushti's Model to POs of all district

Ref No: ICDS/14/09/2024 Dt: 07-09-2024

JSI R&T India Foundation / 2024-2025
 Commissioner of Women and Child Development
 Block-091, Dr. Jang Mehta Bhawan, Sector-108
 382010, Gandhinagar
 Date: 08/09/24

To,
 The Director,
 JSI R&T India Foundation,
 Plot No.5 & 6, Local Shopping Complex,
 Nelson Mandela Marg, Vasant Vihar,
 New Delhi-110070, INDIA

Subject: Approval for setting up Nutrition TALK-counselling Centre in the State Management Centre (SMC) under Project Tushti.

The ICDS, Department of Women and Child Development extends sincere appreciation to Nayara Energy and JSI R&T India Foundation for exemplary contributions towards the infrastructural enhancement of State Management Centre (SMC) under Project Tushti. Following our discussion on 30th July 2024, we are pleased to inform you that the department is approved following aspects of Project Tushti:

- Provision of 16 talk-counsellors and 1 supervisor.
- Procurement of Concess Schemes to ensure smooth operation and integration with the existing infrastructure.
- Provision of network configuration.

We highly value your efforts in providing these essential resources and support, which will significantly contribute to the successful operation of the Nutrition TALK-counselling Centre managed by Preeti Sahni. Additionally, the department will facilitate the following:

- Provision of work stations equipped with desktops and LAN connections.

The working hours for the counsellors will be from 9:30 AM to 6:00 PM.

We are confident that through our collaborative efforts, we will achieve improved nutritional outcomes and enhance the overall well-being of the community through nutritional counselling. It is pertinent to note that ICDS, DWCD will provide financial support for the establishment of Nutrition TALK-counselling Centre in the State Management Centre (SMC) and it will be totally through the CSR agency.

Sincerely,
 Dr. Harsh Kumar Singh
 Commissioner (ICDS)

Appreciation letter for SMC by Commissioner ICDS



MEDIA COVERAGE

पोषण उत्सव, पोषण उदाण અને पोષણ સભા નું આયોજન

પોષણ : પુષ લે સને પેલેસ ખાંભહાલિયા
 કોઈને દુભા અને ના. ૩૩, કાચાલી, સુરત, ગુજરાત, તા. ૧૪/૦૯/૨૦૨૪
 રજી. નં. GUGUJ/2019/55814

આરોગ્ય અને પોષણના ક્ષેત્રમાં આયોજાયેલા આ ઉજવણી દરમિયાન આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી. આ ઉજવણીમાં આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી. આ ઉજવણીમાં આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી.

Poshan Utsav and Poshan Udaan

રક્ષક કે સાથી

આરોગ્ય અને પોષણના ક્ષેત્રમાં આયોજાયેલા આ ઉજવણી દરમિયાન આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી. આ ઉજવણીમાં આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી.

Breast feeding Week

આઈ.સી.ડી.એસ. વિભાગ અને પ્રોજેક્ટ તુષ્ટિ મારફત તાલુકા કક્ષાના આંદરણપ્રમુખ યુવા દીવસ કાર્યક્રમની ઉજવણી

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International Youth Day Celebration

પોષણ માહ ઉજવણી

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Poshan Maah Celebration at Khambhahlia

પ્રોજેક્ટ તુષ્ટિ અને આઈ.સી.ડી.એસ. વિભાગ મારફત ખંભાલિયા મુકામે ત્રીજા મોનિટરિંગ કેમ્પ યોજવામાં આવેલ રોજ

આરોગ્ય અને પોષણના ક્ષેત્રમાં આયોજાયેલા આ ઉજવણી દરમિયાન આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી. આ ઉજવણીમાં આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી.

Growth Monitoring Camp in Khambhahlia

સુરજકરાડી ખાતે આઈ.સી.ડી.એસ. અને પ્રોજેક્ટ તુષ્ટિ અંતર્ગત કિશોરી મેલાનો યોજાયા

આરોગ્ય અને પોષણના ક્ષેત્રમાં આયોજાયેલા આ ઉજવણી દરમિયાન આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી. આ ઉજવણીમાં આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી.

Kishori Mela in Surajkaradi

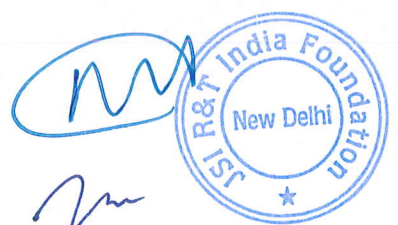
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Kishori Poshan Utsav at Bhanvad

આઈ.સી.ડી.એસ. આરોગ્ય વિભાગ અને પ્રોજેક્ટ તુષ્ટિ મારફત આદર્શ પરિવારનું સન્માન

આરોગ્ય અને પોષણના ક્ષેત્રમાં આયોજાયેલા આ ઉજવણી દરમિયાન આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી. આ ઉજવણીમાં આરોગ્ય કાર્યકર્તાઓએ સ્ત્રીઓને પોષણ અને આરોગ્યના સંબંધમાં જાણવહી આપી હતી.

Adarsh Family Felicitation



Social Media Coverage

Dissemination of GIFs on World Breastfeeding week on Social Media Handles of State WCD Gujarat's account

GIF-1 Early breast feeding
Views: 2,738 (August 2024 till date)

GIF-2 Exclusive Breastfeeding and Complementary feeding practices
Views: 1,816 (August 2024 till date)

GIF-3 Things to keep in mind while breastfeeding
Views: 1,504 (August 2024 till date)

GIF-4 Role of father
Views: 1,967 (August 2024 till date)

GIF-5 Working mother
Views: 1,278 (August 2024 till date)

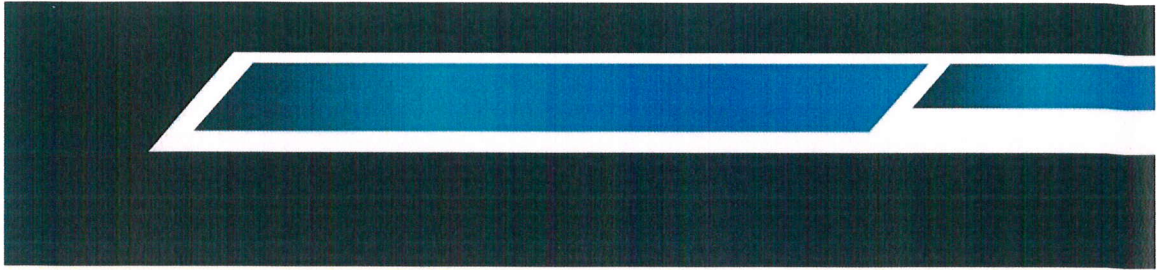
GIF-6 Breastfeeding on public places
Views: 1,802 (August 2024 till date)

GIF-7 Support from all
Views: 1,293 (August 2024 till date)

Digital Poster during Breastfeeding week
Views: 896 (August 2024 till date)

WAY FORWARD





PROJECT ZERO DOSE

Supported by







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KEY ACHEIVEMENTS

01.

STAKEHOLDER ENGAGEMENT

Key health, Anganwadi and other department stakeholders were aligned on program goals, expectations, and collaborative support, ensuring seamless implementation and integration.

02.

CAPACITY BUILDING

- Zero Dose Team Training: 143 CSO & Cluster Coordinators were trained and placed in the fields.
- Front Line Worker Training: ASHA, ANM, AWW, LHV and ASHA Sangini were trained on technical and communication skills.

03.

INFLUENCER ENGAGEMENT

District-wise WhatsApp groups for key influencers have been created to share timely updates on upcoming CIVHSND sessions. These groups also disseminate informative messages, fostering active support and community engagement.

04.

STRENGTHENING MAHILA AROGYA SAMITI (MAS)

In collaboration with the Health Officials, to enhance MAS functionality, CMO Ghaziabad & Lucknow, on the suggestion of the CSO team, has directed MOICs to ensure structured monthly MAS meetings through ASHAs. A month-wise agenda and a standardized reporting format have been developed.

05.

STRENGTHENING OF REVIEW PLATFORMS

Regular participation and feedback sharing is being done in Block and District review weekly and monthly review meeting.

06.

RELIGIOUS LEADERS JOIN HANDS TO PROMOTE IMMUNIZATION

21 Maulanas issued public appeals highlighting the importance of immunization, began making announcements from the mosques, and are now actively supporting ASHAs during house-to-house mobilization efforts in Mathura.

INTRODUCTION

JSI is implementing the Zero Dose Project in 11 of the 60 high-burden districts identified under GAVI HSS3. Given that zero-dose children are not evenly distributed across all blocks and urban areas, a differentiated approach is essential to identify locations with low immunization coverage and a high concentration of zero-dose children. Intensive interventions are being implemented in these identified areas to improve immunization outcomes.

Based on monitoring data and the government headcount survey, UNICEF, in collaboration with the Department of Health and Family Welfare, identified 468 Health Sub-Centres (HSCs) across JSI intervention districts with a high number of zero-dose and left-out children. From these HSCs, approximately



FOUNDATIONAL ACTIVITIES FOR IMMUNIZATION UPTAKE

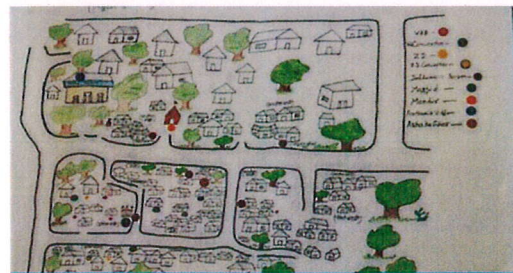
Social Mapping & Transect Walk:

As part of the entry-level activities to support the immunization program, a comprehensive exercise involving social mapping and transect walks was conducted across all 1300 ASHA areas. These participatory research methods were carried out in close coordination with ASHAs, ANMs, ASHA Sanginis, and AWWs to foster community engagement and deepen the understanding of each area's physical and social landscape. The transect walk, which involved walking along a predetermined path through the community, enabled frontline workers & cluster coordinators to observe and document local infrastructure, social conditions, and community dynamics firsthand. Complementing this, social mapping provided a visual representation of the households, demographic composition, and spatial distribution of key social groups and institutions.

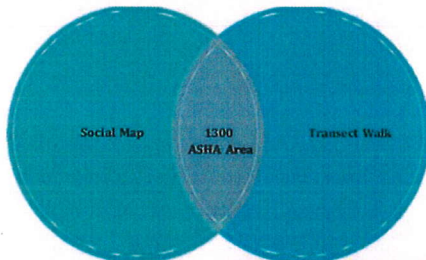
Together, these tools helped in identifying barriers, opportunities, and potential influencers for improving immunization outreach. This grassroots-level insight was critical in designing targeted strategies to reach zero-dose (ZD) and vaccine-avoidance behavior (VAB) families and played a foundational role in strengthening community participation and tailoring interventions to local needs.



Transect Walk



Social Mapping



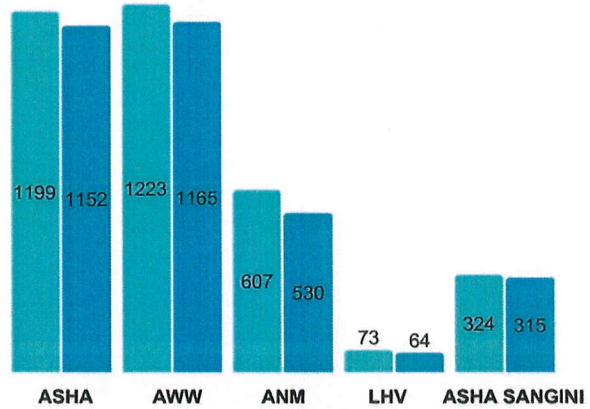
STRENGTHENING CAPACITY OF FRONT LINE WORKERS

Two-day capacity-building trainings for Frontline Workers (FLWs) across 11 districts of Uttar Pradesh was organized during February–March 2025.

A total of 3,226 FLWs—including ASHAs, ANMs, AWWs, ASHA Sanginis, and LHVs—participated in the sessions.

The training aimed to strengthen their technical knowledge on immunization, build skills for identifying and mobilizing zero-dose and vaccine-hesitant children, and improve their communication and counselling capabilities. Practical tools such as the GATHER approach, IEC materials, and digital platforms like UWIN and HMIS were introduced through interactive methods including role-plays, group discussions, and participatory planning. Pre- and post-assessments indicated significant improvement in knowledge across all FLW cadres, reflecting the training's success in equipping frontline workers to play a more informed and proactive role in boosting routine immunization coverage.

● Planned ● Achieved



Key Outcomes

A strong understanding of the socio-ecological model for behaviour changes in immunization.

Enhanced knowledge of addressing vaccine hesitancy using effective communication.

Practical exposure to microplanning formats and stakeholder mapping.

Improved ability to leverage social data and participatory planning techniques for community engagement.



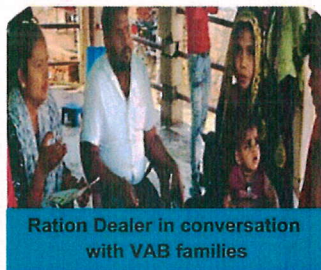
COMMUNITY ACTION AGAINST IMMUNIZATION GAPS

Identification of Community Based Influencers

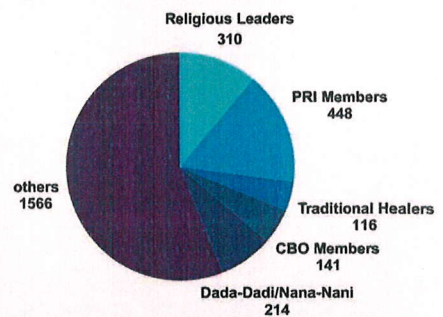
A total of 2795 influencers have been identified, including PRI members, traditional healers, SHG/CBO members, religious leaders, teachers, and elderly family members (Dada-Dai/Nana-Nani) etc. These influencers actively engage in raising awareness and supporting vaccine-hesitant families. Their involvement helps bridge the gap between the health system and the community by promoting positive health behaviors, dispelling myths, and encouraging families to vaccinate their children. By leveraging their influence, the program fosters culturally sensitive communication, builds community ownership, and enhances the acceptance of immunization services, ultimately contributing to increased coverage and reduced zero-dose cases.



Maulvi Sahab in discussion with community people

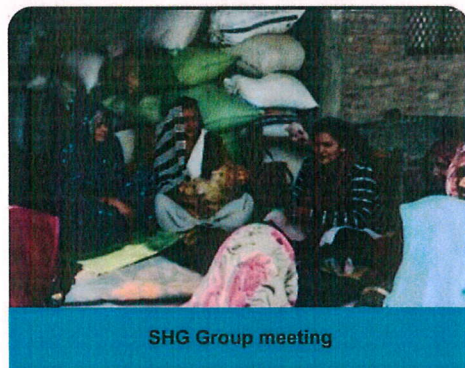


Ration Dealer in conversation with VAB families



Mapping of Community Based Organization

As part of the community engagement strategy, Community-Based Organizations (CBOs) such as VHSNCs, Self-Help Groups (SHGs), local NGOs, and other grassroots groups were identified and oriented to support routine immunization efforts. A total of 1300 CBOs are being mapped in 1300 ASHA area.



SHG Group meeting



Fathers Meeting

Strengthening meetings through communication activities

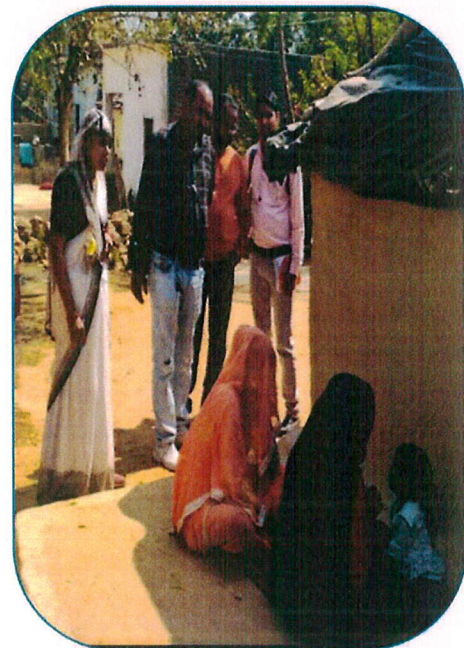
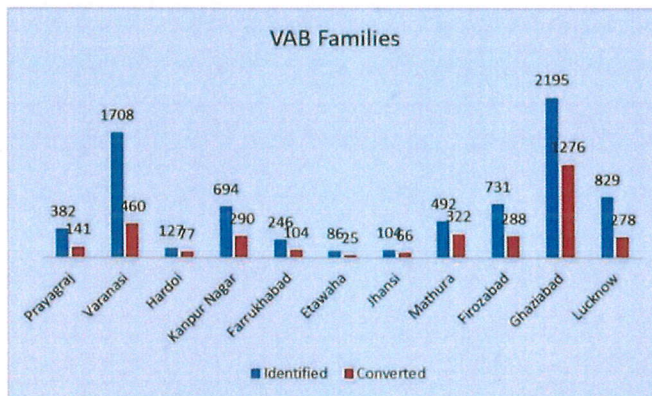
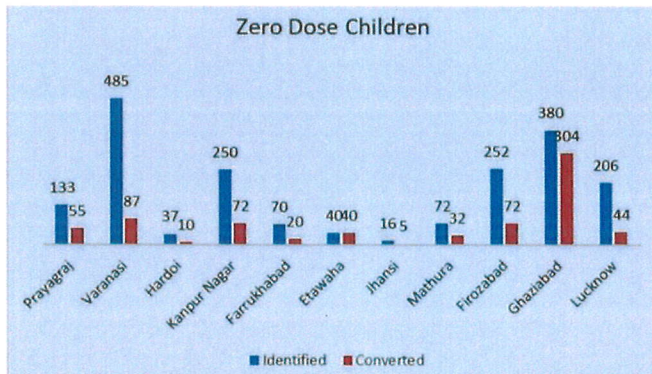
Various communication activities are being implemented at the community level to raise awareness about immunization. These include organizing community meetings such as mothers' and fathers' group sessions, wall paintings with key messages, public announcements, immunization appeals, and other locally relevant initiatives. These efforts aim to inform, engage, and motivate community members to actively participate in vaccination programs and ensure that no child is left behind.

FROM RESISTANCE TO ACCEPTANCE: CONVERTING VAB AND ZERO-DOSE FAMILIES

Identification & Conversion of Zero Dose Children & VAB Families

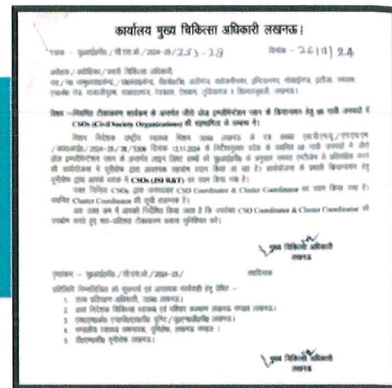
A key objective of the project is to support Frontline Workers (FLWs) in identifying families that are hesitant or resistant to vaccinations and ensuring that their children receive timely immunization.

As of March a total of 7594 VAB families & 1941 Zero Dose children are identified among which a total of 3327 VAB & 741 Zero Dose children received their vaccination showcasing 44% conversion of VAB children and 38% of Zero Dose Children.



ISSUANCE OF OFFICIAL LETTERS

To ensure smooth coordination and operational support for the Zero Dose program, Chief Medical Officers (CMOs) in all 11 project districts issued official letters authorizing and endorsing the engagement of Civil Society Organizations (CSOs) in their respective areas. These letters serve as formal communication to block- and facility-level health officials, instructing them to extend necessary cooperation and support to the CSO teams working on ground.

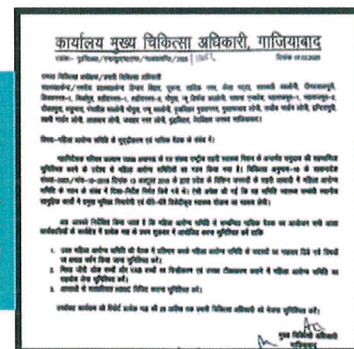


कार्यालय-आयुक्त नगरपालिका कार्यालय, काठमाडौं, नेपाल

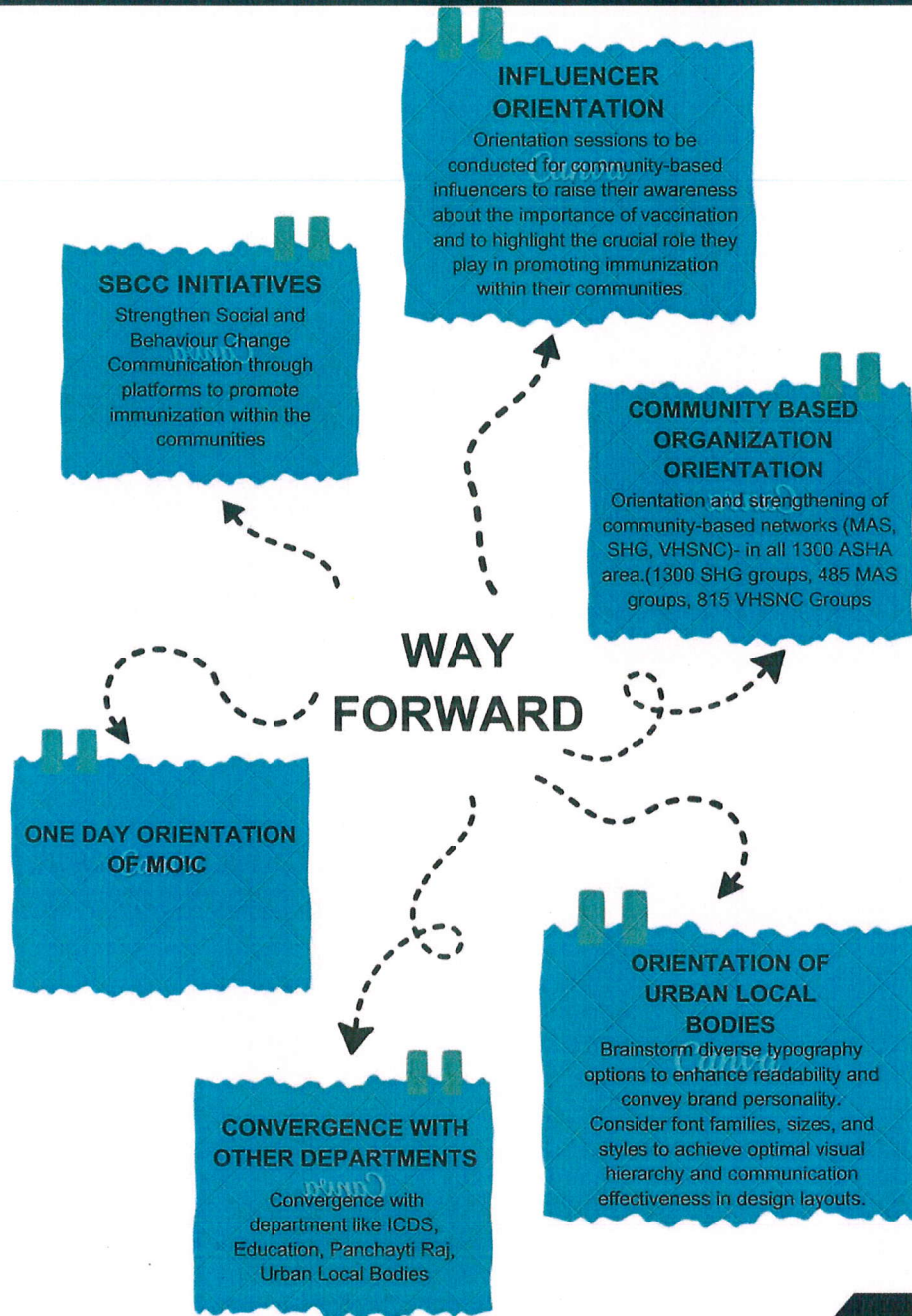
क्र.सं.	नाम	पद	संस्था
1.	डॉ. रमेश	डी.एच.ओ.	संस्था 1
2.	डॉ. सुशीला	डी.एच.ओ.	संस्था 2
3.	डॉ. विमल	डी.एच.ओ.	संस्था 3
4.	डॉ. अरुण	डी.एच.ओ.	संस्था 4

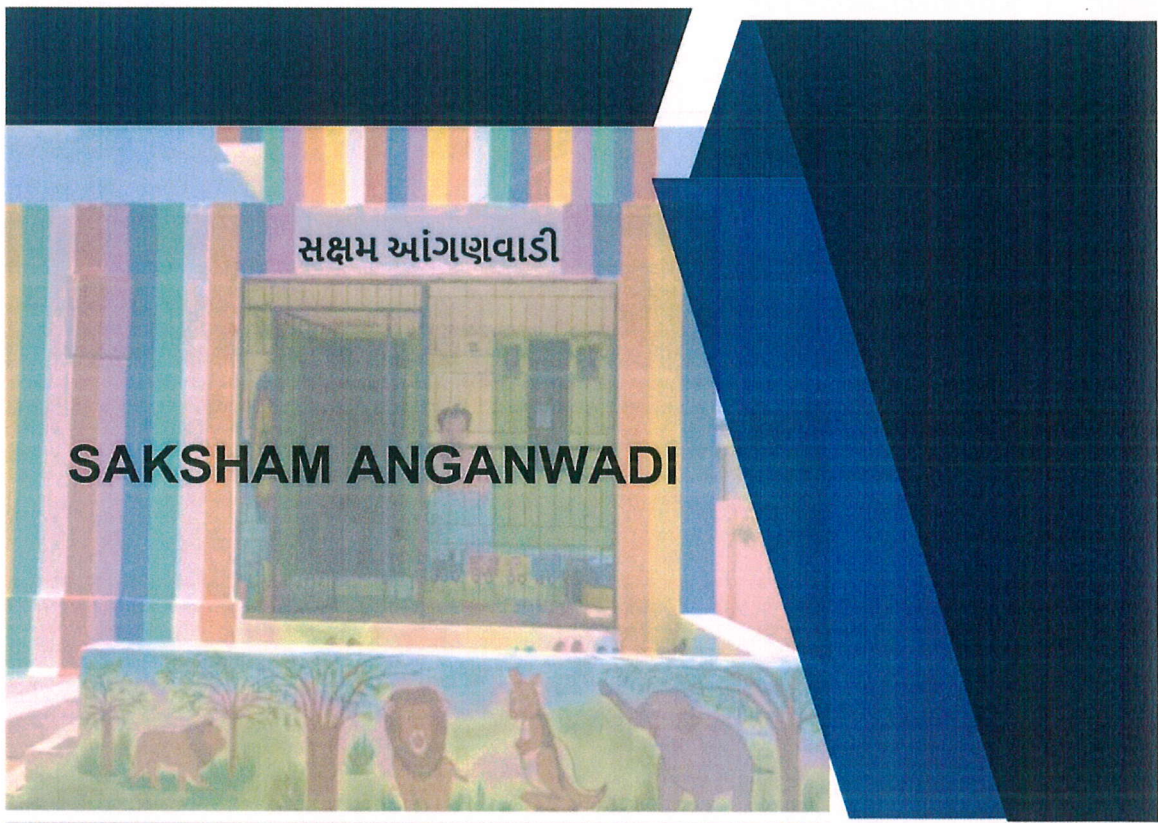
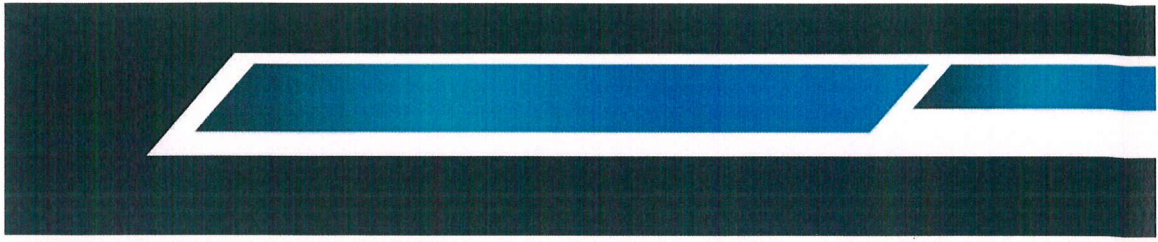
As part of the Zero-Dose program, Medical Officers In-Charge (MOICs) of all blocks and Urban Primary Health Centres (UPHCs) issued official letters confirming the selection of specific ASHA areas within their respective jurisdictions. These letters served to formally communicate and validate the areas identified based on the highest burden of zero-dose and vaccine-hesitant children. The issuance of these letters ensured alignment and clarity among all stakeholders, including ASHAs, ANMs, ASHA Sanginis, and partner organizations, regarding the focus areas for intensified interventions.

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WAY FORWARD





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INTRODUCTION

Saksham Anganwadi is a key component of the Poshan 2.0 initiative, aimed at strengthening the role of Anganwadi Centres (AWCs) in delivering essential nutrition and health services. The initiative focuses on transforming AWCs into vibrant, well-equipped hubs that offer enhanced infrastructure, foster community participation, and ensure the effective delivery of quality services to children, women, and communities.

KEY ELEMENTS OF SAKSHAM ANGANWADI

1. Modernized Infrastructure

Saksham Anganwadi focuses on upgrading the infrastructure of Anganwadi Centres by introducing smart learning tools to strengthen early childhood education. The centres will be equipped with essential amenities such as clean drinking water, proper sanitation facilities, and rainwater harvesting systems, creating a safer and more nurturing environment for both children and mothers.

2. Enhanced Nutrition and Health Services

The revamped AWCs will deliver improved services including supplementary nutrition, regular growth monitoring, health check-ups, and referral support. These integrated services are designed to provide comprehensive care, helping to prevent and address malnutrition among children and mothers.

3. Strengthened Community Engagement

Saksham Anganwadi promotes active community involvement through initiatives like Poshan Panchayats and Jan Andolans. These grassroots efforts mobilize local communities to engage in nutrition and health-related campaigns. A strong focus on behaviour change communication ensures greater awareness and adoption of healthy practices related to nutrition, hygiene, and overall well-being.

BENEFICIARIES



Children 0-6 years



Pregnant Women



Lactating Mother



Adolescent Girl (14-18 years)

SERVICES PROVIDED BY SAKSHAM ANGANWADIS



Supplementary Nutrition



Nutrition and Health Education



Referral Services & Health Check-ups



Immunization



Non-formal Pre School Education

SAKSHAM ANGANWADI INITIATIVE: GOVERNMENT COLLABORATION AND IMPLEMENTATION STRATEGY

Start-Up Activities

The Saksham Anganwadi initiative was launched with a series of foundational activities to ensure effective planning and alignment with government priorities. These included:

Conducting a formal meeting with the ICDS Programme Officer to secure initial approvals.

Sending official communication to the ICDS department regarding:

Deployment of Field Facilitators

Proposed renovation of selected Anganwadi Centres (AWCs)

Government Buy-In and Approvals

To ensure alignment and sustainability, key steps were taken to secure government buy-in:

Approvals were formally obtained from the ICDS Programme Officer for deploying field staff and initiating renovations.

Renovation plans and implementation strategies were shared with and reviewed by the ICDS department to ensure their support and endorsement.

Block and district-level ICDS officials were engaged throughout the planning and execution phases to ensure joint ownership.

Criteria for Identification of Anganwadi Centres

Three AWCs were shortlisted based on a set of well-defined criteria aligned with government priorities:

Infrastructure Gaps – Centres with critical infrastructure needs were prioritized.

Child Nutrition Risk – Presence of underweight or nutritionally at-risk children.

Accessibility – Geographical ease of access to ensure community engagement and service reach.

AWW Readiness – Proactiveness and enthusiasm of Anganwadi Workers to implement and maintain improved services.

Finalized Locations:

Khambhaliya: Near Narsinh Bhuvan, Railway Station Area

Bhanvad: Junu Valmiki Vaas

Bhatiya: Harsiddhinagar

Process: Identification, Need Assessment, and Development of Smart AWCs

Joint Planning and AWC Selection

AWCs were selected in collaboration with the ICDS department and block-level officials, ensuring a joint decision-making process and alignment with field realities.

Comprehensive Needs Assessment

Each selected AWC underwent a detailed assessment covering:

- Physical infrastructure needs
- Early Childhood Care and Education (ECCE) requirements
- Nutritional service gaps
- Capacity-building needs of frontline workers. The findings were consolidated and renovation plans were developed accordingly.

Renovation and Smart AWC Development

The renovation of all three centres was executed as per the approved plan. The scope of renovation included child-friendly infrastructure, educational and play materials, improved sanitation, and visual aids for behavior change communication.

Deployment of Project Implementation Team

- **Project Coordinator** – Responsible for overall district coordination, government liaison, and monitoring.
- **Field Facilitators (3)** – Deployed at Khambhaliya, Bhanvad, and Bhatiya. Each trained in ECCE, health, nutrition, and community engagement.

Note: In Vadaliya Sinhan (Khambhaliya), the Field Facilitator from Khambhaliya also provides support due to the absence of dedicated resource.

Impact and Scalability

The Saksham Anganwadi initiative is designed as a scalable and sustainable model rooted in government systems and community participation. It started with the comprehensive renovation of 3 AWCs into model 'Saksham AWCs', and concurrently extended support to 12 neighbouring AWCs—enhancing ICDS services across a total of 15 AWCs. This cluster-based, ecosystem approach ensures inclusive impact and lays a strong foundation for district-wide replication of the Saksham model.

PROFILING OF CHILDREN OF AGE - 0-6 YEARS

BLOCK NAME		TOTAL CHILDREN	SUW	MUW	SAM	MAM	COMMON BENEFICIARIES	TARGET BENEFICIARIES
Khambaliya	Narsinh Bhuvan	110	17	11	2	2	7	32
	Vadaliya sinhan	87	1	7	1	1	2	10
Bhanvad	-	67	3	4	0	3	2	10
Bhatiya	-	65	0	7	1	2	3	10
TOTAL	-	329	21	29	4	8	14	62

Common Beneficiaries = Children who are both Underweight and Malnourished
 Target Beneficiaries = Sum total of SUW+MUW+SAM+MAM

PROFILING OF ADOLESCENT GIRLS

BLOCK NAME		TOTAL ADOLESCENT GIRLS	SCHOOL GOING	SCHOOL NON GOING	LOW BMI	LOW Hb
Khambaliya	Narsinh Bhuvan	39	24	15	13	1
	Vadaliya sinhan	33	8	25	9	2
Bhanvad	-	18	14	4	0	5
Bhatiya	-	30	26	4	5	0
TOTAL	-	122	77	47	30	8

Note:- Current data of children and adolescent girls shown is till February 2025

TARGET BENEFICIARIES

S.No.	Block Name	Pregnant Women	Lactating Mothers	Adolescent Girls	Children aged 0-3 years	Children aged 03-06 years
1	Khambaliya	53	42	167	344	229
2	Bhanvad	44	39	149	168	132
3	Bhatiya	42	24	154	170	128
Total		139	105	470	682	489

SAKSHAM ANGANWADI INITIATIVE: KEY INTERVENTIONS

The Saksham Anganwadi initiative focused on strengthening ICDS services with a core emphasis on Early Childhood Care and Education (ECCE), nutrition, health, and fostering behavior change through active community involvement. Through a convergence-based model, the initiative worked towards creating a supportive and informed environment for children, mothers, and the community at large.

Key activities included Early Childhood Care and Education, Poshan Sabhas and awareness sessions on nutrition and hygiene. The initiative also promoted the use of Take-Home Ration (THR). Together, these efforts helped create a more supportive, informed, and health-focused environment at the Anganwadi Centres.

1. Early Childhood Care & Education (ECCE): Nurturing Strong Foundations

Under the Saksham Anganwadi initiative, a structured Early Childhood Care and Education (ECCE) approach was implemented to promote the holistic development of children aged 3-6 years. The initiative emphasized experiential, play-based learning that stimulates cognitive, physical, emotional, and social growth—laying a strong foundation for school readiness and lifelong learning.

Key elements of the ECCE strategy included:

1. **Implementation of Pa Pa Pagli Curriculum:** Age-appropriate, theme-based daily activities aligned with the state's ECCE curriculum were conducted, supporting Anganwadi Workers (AWWs) in facilitating children's development across multiple domains.

2. **Daily Thematic Engagements:** Activities were designed around monthly themes—such as fruits, shapes, or seasons—allowing children to engage through storytelling, presentations, and creative expression, while reinforcing concept retention.



Fruits cut out made by children for celebrating 'Fruit Day' theme.



Yoga Activity with Kids in Anganwadi

3. Holistic Activities: Children began their day with yoga sessions promoting physical development, followed by language-building games, problem-solving tasks, and group learning activities to strengthen communication and cognitive skills.

4. Creative and Sensory Learning: Children participated in toy-making using household waste, clay modeling, drawing, and puppet shows—boosting imagination, sensory development, and environmental awareness.



Puppet Shows



Glimpse of TLM

5. TLM-Based Learning: The use of Teaching Learning Materials (TLMs)—such as flashcards, charts, storybooks, and shape recognition tools—enhanced visual learning and made abstract concepts more accessible.

6. Health and Hygiene Awareness: Sessions on personal hygiene were organized alongside routine dental and nail checks. Children were also educated on the importance of clean drinking water through storytelling and puppet-based demonstrations.



Health & Hygiene

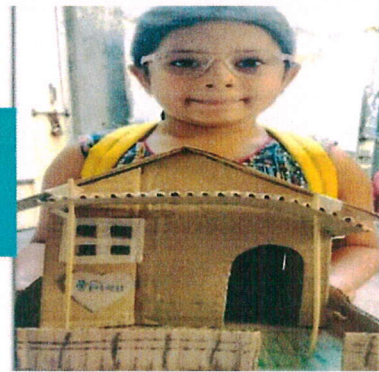
The regular and interactive ECCE activities generated excitement among children, resulting in improved attendance and classroom participation. These changes positively influenced community dynamics in several ways:



Meetings with Parents

Parental Engagement and Awareness: Meetings were conducted with parents of both regular and irregular attendees to share progress, encourage consistent participation, and seek feedback. WhatsApp groups were created to update parents on daily activities and share resources for home-based engagement.

Community Participation: Events like the Fancy Dress competition, Best Out of Waste exhibition, and Bal Divas celebrations saw enthusiastic involvement from parents, building a shared sense of ownership in their children's early learning journey.



Best-out of waste activity

Through these integrated ECCE interventions, the Saksham Anganwadi initiative not only strengthened the quality of early learning at the centres but also fostered a culture of care, participation, and collective responsibility among families and the wider community.

2. Nutrition & Health: Strengthening Awareness and Service Uptake

A core pillar of the Saksham Anganwadi initiative focused on improving the nutritional and health status of children, women, and adolescent girls through consistent monitoring, awareness-building, and service linkage.

The project ensured the following key interventions:

Regular Growth Monitoring and Counselling: Systematic growth monitoring was conducted for young children at Anganwadi Centres (AWCs), complemented by personalized counseling sessions with mothers and caregivers. These sessions focused on nutrition, infant and young child feeding (IYCF) practices, and hygiene.

Home Visits for Individualized Support: Field facilitators conducted door-to-door visits to counsel families of undernourished children and pregnant/lactating women. These visits allowed for tailored discussions, fostering trust and enabling behavior change at the household level.

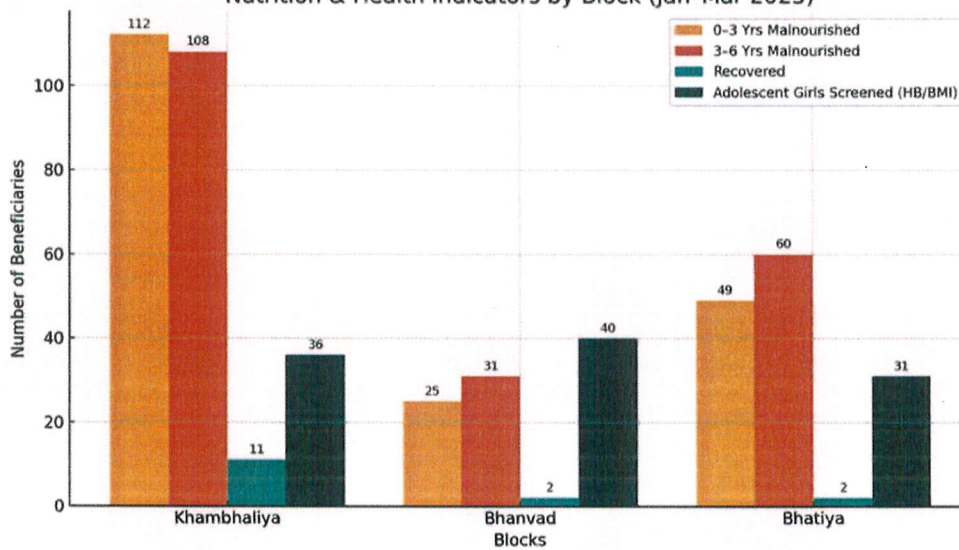
Active Participation in Mamta Divas and Fourth Tuesday: Field facilitators played a critical role in community health days such as Mamta Divas and Fourth Tuesday, supporting service delivery, mobilizing participation, and facilitating timely referrals of beneficiaries to health functionaries.

Adolescent Health Interventions: Regular Body Mass Index (BMI) assessments and hemoglobin (Hb) level screenings were organized for adolescent girls to identify nutritional risks early. Counseling on iron-rich diets and hygiene was also provided.

Nutrition Education through Demonstrations: Live recipe demonstrations at AWCs were conducted to promote the preparation of nutritious, locally available, and cost-effective meals. These practical sessions encouraged families to adopt healthy dietary practices at home.

Use of Engaging IEC Materials: Illustrated posters, flipbooks, and other Information, Education and Communication (IEC) tools were used extensively to create awareness around balanced diets, anemia prevention, and food diversity, making health education more accessible and impactful.

Nutrition & Health Indicators by Block (Jan-Mar 2025)



3. Poshan Sabha: Community Engagement and Awareness Building

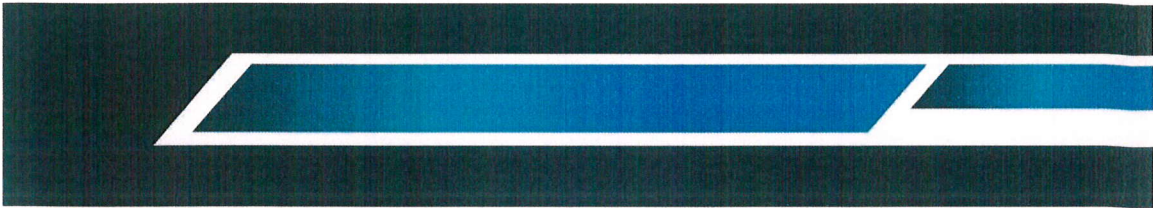
As part of the Saksham Anganwadi initiative, Poshan Sabhas were organized to foster community participation and raise awareness on key health and nutrition issues. A total of **309 beneficiaries** participated across various sessions, including pregnant women, lactating mothers, adolescent girls, and parents of malnourished children. These gatherings served as an effective platform for information sharing, health services, cultural expression, and community bonding.

Key Activities Conducted

The events began with vibrant patriotic dance performances by children from Anganwadi Centres, symbolizing their active engagement and confidence. Adolescent girls who maintained normal haemoglobin levels were publicly recognized and appreciated to encourage peers to focus on health and well-being. The Principal of the local government school addressed adolescent girls who had dropped out, motivating them to return to education and pursue their aspirations.



Performance by children on "Baal Geet"



Hb and BMI measurement by Health Team

The Health Department team conducted BMI and hemoglobin (Hb) check-ups for adolescent girls, while simultaneously celebrating Mamta Diwas—emphasizing maternal and child health. Children were encouraged to regularly attend Anganwadi Centres, and were inspired through speeches by their peers on themes such as health, personal hygiene, and the dangers of drug addiction.

Interactive sessions featuring games and quizzes were also held to reinforce knowledge on ICDS schemes, ensuring learning through participation. Additionally, sanitary pads were distributed to adolescent girls, accompanied by a session on personal hygiene, helping to normalize and educate on menstrual health.



Interactive Session and Games arranged for beneficiaries

TOPICS COVERED DURING SESSIONS

Importance of Nutrition: An interactive session emphasizing the crucial role of nutrition in physical and mental development.

Balanced Diet: A detailed explanation of all essential nutrients—carbohydrates, proteins, fats, vitamins, and minerals—and the significance of balanced meals.

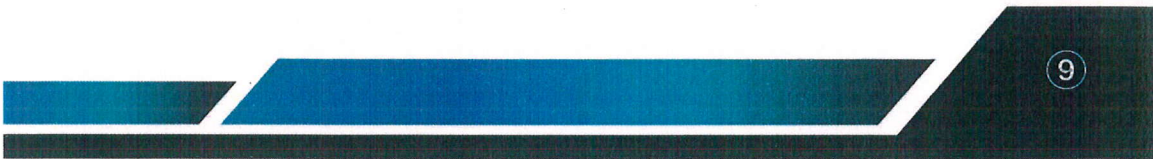
Healthy Eating Habits: Practical tips on maintaining regular meal timings and making nutritious food choices.

Nutrition-Related Health Issues: Information shared on conditions such as malnutrition, anaemia, obesity, and other common nutrition-related concerns.

Personal Hygiene: Guidance on daily hygiene practices and awareness about menstrual health.

Introduction to Saksham Anganwadi: Beneficiaries were briefed on the objectives, services, and impact of the Saksham Anganwadi initiative.

Anaemia, THR Consumption, and Immunization: Awareness was raised on the importance of iron and folic acid (IFA), take-home ration (THR) usage, and timely immunization for children and women.





Awareness and Counselling Session on Importance of THR



Felicitations of Adolescent Girls



Performance on Personal Hygiene

Counselling and Awareness Sessions

Focused counselling sessions were organized for all beneficiary groups. These covered topics like IFA and calcium supplementation, breastfeeding practices, food and nutrition, and the importance of monitoring HB and BMI levels. Counselling also touched on infant and young child feeding (IYCF) practices, malnutrition management, and the significance of immunization.

In parallel, awareness sessions addressed critical social and health themes including tobacco addiction, women’s empowerment, and the integration of millets and locally available nutritious foods in daily diets. The sessions aimed to not only inform but also inspire behaviour change in the community.



Counselling session on THR consumption, IFA and Calcium tablets

Interactive Engagement



Interactive session

Interactive question-and-answer sessions were held to assess community awareness about Mamta Divas, Mangal Divas, and the services offered under ICDS and Health Department initiatives. These sessions encouraged beneficiaries to actively participate, clarify doubts, and strengthen their understanding of government schemes and health services.

In addition, games and activities themed around government health programs were organized to promote engagement and reinforce learning in a fun and inclusive manner. The events witnessed active participation from various stakeholders including Health Department officials, ICDS functionaries, and the Saksham Anganwadi team.

Their presence contributed to the credibility of the sessions and demonstrated collective commitment to improving the health and nutrition status of the community.

OVERVIEW OF ALL DAYS CELEBRATION

Under the Saksham Anganwadi initiative, several important days were observed across the blocks of Khambhalia, Bhanvad, and Bhatiya (Kalyanpur) during the reporting period, enhancing community engagement and awareness through participatory celebrations.

Mamta Diwas

Mamta Diwas was regularly celebrated as a platform to promote maternal and child health. In Khambhalia block, a total of 6 Mamta Diwas were conducted until March 2025. Similarly, 4 Mamta Diwas were organized in Bhanvad block. In Bhatiya (Kalyanpur block), while the Saksham Anganwadi Centre is not equipped to host the event independently, the celebrations were integrated into the nearby Primary Health Centre (PHC), ensuring beneficiaries were still able to participate and access essential health services.

Mangal Diwas

The celebration of Mangal Diwas, aimed at promoting healthy eating habits among children and mothers, was observed actively during January and February. A total of 10 Mangal Diwas were celebrated in Khambhalia, with an equal number (10 events) conducted in Bhanvad. In Bhatiya, 5 Mangal Diwas were held, reflecting growing participation and enthusiasm from the community.

Special Celebrations (February–March)

In addition to regular health and nutrition-focused days, special occasions were also celebrated to build cultural connection and community spirit. In February, Mahashivratri was celebrated with devotion in Bhanvad. International Women's Day was marked with great enthusiasm in the same block, featuring a fancy-dress competition and a thematic act on women empowerment, both of which drew significant community participation. The festive spirit continued with Holi celebrations in March, held across all three blocks—Bhanvad, Khambhalia, and Bhatiya—bringing together community members in a vibrant and joyful environment.



Holi Celebration at Khambhalia

VISIBLE IMPACT: TRANSFORMING LIVES

Improved Nutritional Status

Measurable weight gain among children

Note: "Noticeable weight gain was observed in 16 children.

Timely THR utilization and regular growth monitoring.

•Note: THR is actively promoted, live recipe demonstrations are conducted, and growth monitoring is carried out for all children registered at the Anganwadi.

Empowered Adolescents

Rise in health literacy.

Active participation in health events and awareness drives

Note:

- 1) Significant improvement was observed in health literacy, especially in areas related to nutrition, hygiene, and menstrual health.
- 2) Programs aimed at increasing understanding of Body Mass Index (BMI) and hemoglobin proved effective.
- 3) Adolescents have become more aware of health check-ups, proper nutrition, and hygiene.

Strengthened ECCE Outcomes

Higher regular attendance and visible enthusiasm in children.

Structured daily learning improved foundational cognitive and social skills.

•Note: There has been a significant increase in regular attendance among children, along with a strong enthusiasm for school and educational activities. As the number of children attending daily has grown, their interest and eagerness to learn have also noticeably increased. Children have shown greater energy and engagement in both academics and play, leading to marked improvements in their educational progress. Additionally, there has been a substantial rise in motivation and participation in educational sessions among the children.

Greater Community Ownership

Over 300+ community members engaged via Poshan Sabhas.

School principals, CDPOs, health officers, and even retired teachers actively participated.

TESTIMONIALS

1. Empowering Mothers and Children through Saksham Anganwadi – Bhatiya

Ramila Ben witnessed a visible improvement in her infant's weight and activity levels. With regular counseling and guidance from the facilitator, she adopted better feeding practices. Growth monitoring helped her track her daughter's steady nutritional gains. She now confidently follows a nutritious daily routine for her child. "Earlier, I worried every day. Now I see her growing stronger," she shares.



2. Nurturing Holistic Development – Saksham Anganwadi, Khambhaliya

Rasila Ben noticed positive changes in her child's speech, behavior, and emotional expression. Thanks to daily ECCE activities at the AWC, her child became more active and expressive. Storytelling, play, and song sessions turned learning into fun. She credits the facilitator's support for transforming her child's routine. "This is more than a centre — it's a space where my child truly learns," she says.



3. Empowering Adolescents through Awareness – Nakum Drashti's Journey

Once unaware of her health status, Drashti is now an empowered young girl. She learned about THR benefits, iron-rich diets, and menstrual hygiene through regular sessions. Regular BMI and Hb check-ups helped her understand her own health needs. She now spreads awareness among peers and takes pride in self-care. "I feel stronger — not just physically, but mentally too," says Drashti.



4. A Journey Towards Better Health – Hiral Ben Dhakecha

With consistent THR support and health guidance, Hiral Ben gained 7 kg over time. She receives timely health check-ups and follows a balanced diet. Her increased energy and strength are a visible outcome of sustained care. The Anganwadi has become a trusted support system for her. "This journey changed my life. I feel seen, supported, and healthy," she reflects.

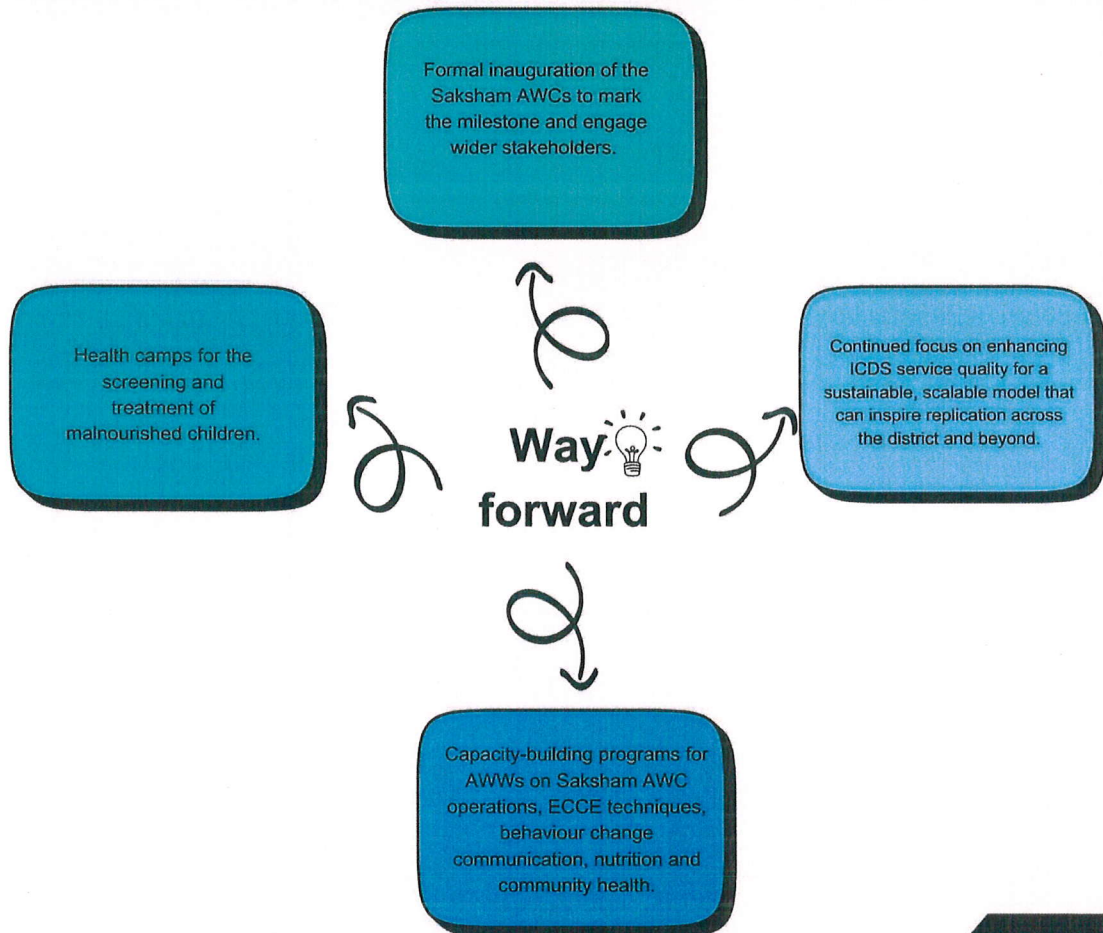


FROM TRANSFORMATION TO SUSTAINABILITY: THE ROAD AHEAD

The Saksham Anganwadi initiative has demonstrated how community-driven, data-backed, and system-aligned interventions can redefine early childhood care and nutrition delivery at the grassroots level. By combining innovative pedagogy, government collaboration, and active community participation, the project has effectively transformed traditional Anganwadi Centres into vibrant, child-friendly spaces of learning, care, and growth.

The journey from a conventional AWC to a "Saksham" centre is more than just infrastructural—it is a leap toward nurturing a healthier, smarter, and stronger generation.

WAY FORWARD



Your Directors remain cautiously optimistic about the Company's future. We anticipate an improved performance in the upcoming financial year, supported by a strategic focus on expanding our portfolio of both local and international projects. With the successful acquisition of new grants from diverse donors, we are well-positioned to deepen our impact in key areas of child health, nutrition, and immunization.

Outlined below are key areas of strategic focus and programmatic performance for the coming years:

TUSHTI Expansion: Strengthened Nutrition Systems: State Level Support To NTCC and CMAM Implementation In Saurashtra Region

The Community-Based Management of Acute Malnutrition (CMAM) program aims to provide a structured approach to identifying, treating, and preventing Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM) among children under 5 years of age registered in Poshan Tracker. This strategy also incorporates Early Growth Faltering (EGF) to ensure timely intervention and sustained improvement in child nutrition and health. CMAM enables early detection and treatment through a decentralized, community-driven approach that leverages existing health and ICDS systems.

Anil Agarwal Foundation: Project Balavardhan

Project Balavardhan is a scalable and high-impact initiative designed to improve early childhood nutrition and education outcomes. This project combines evidence-based interventions with the use of technology, policy advocacy, and community engagement to establish a sustainable and replicable model.

The initiative focuses on enhancing child health, nutrition, and learning outcomes, contributing significantly to India's broader goals in early childhood development.

UNDP Data HSS 3: Improving efficiency of vaccination system in India:

This project focuses on enhancing the efficiency and reach of the vaccination system across India, with a particular emphasis on:

- Institutionalizing real-time program monitoring to facilitate prompt and data-driven decision-making.
- Strengthening governance, data quality, analytics, and review systems at the national, state, district, and block levels.
- Reducing the number of zero-dose children and improving Routine Immunization (RI) coverage through robust planning and review mechanisms.

By reinforcing the immunization infrastructure and data systems, this initiative supports India's goal of equitable and comprehensive vaccine coverage for all children.



BUSINESS

During the year, there was no change in the nature of the business of the Company. Further, no material change/event has occurred after the date of the balance sheet until the date of this report. The Company has complied with all applicable provisions of the Companies Act, 2013, relevant Rules, and Secretarial Standards. The Company has not revised its financial statement or Board's report in any of the three preceding financial years. The key financial ratios as on March 31, 2025, are given in note number 20 of the Financial Statements. The Company has neither made any application during the financial year nor any proceeding pending against the Company at the end of the financial year under the Insolvency and Bankruptcy Code, 2016. The Company has not entered into a one-time settlement with any bank.

DIVIDEND

A Company incorporated under section 8 of the Companies Act, 2013 shall apply its profits, if any, or other income in promoting its objects. Therefore, the Company cannot declare any dividend

INVESTOR EDUCATION AND PROTECTION FUND

No amount is lying in the Unpaid Dividend Account of the Company as on March 31, 2024, which needs to be transferred under the provisions of section 125(2) of the Companies Act, 2013 in the Investor Protection and Education Fund.

AUDITORS' REPORT

The observations and comments made by the Statutory Auditors in their Report, read together with the relevant Notes to the Financial Statements and the Company's Accounting Policies, are self-explanatory and do not call for any further explanation or clarification from the Board. The Auditors have not reported any instances of fraud in the Company during the year under review pursuant to the provisions of Section 143(12) of the Companies Act, 2013. Accordingly, no disclosure is required under Section 134(3)(ca) of the said Act.

AUDITORS

The term of **Messrs. BHS & Co., Chartered Accountants**, New Delhi (Firm Registration No. 016889N), as Statutory Auditors of the Company, will conclude at the end of the ensuing **Annual General Meeting** scheduled to be held on **24, July 2025**.

The Board of Directors, recommends the **re-appointment of Messrs. BHS & Co.** as the Statutory Auditors of the Company for a further term of **five consecutive years**, to hold office from the conclusion of the ensuing Annual General Meeting until the conclusion of the Annual General Meeting to be held in the year **2030** (i.e., for the financial years **2025–2026 to 2029–2030**), subject to the approval of the members at the forthcoming AGM.

Messrs. BHS & Co. have confirmed their eligibility and willingness for the proposed re-appointment under Sections 139 and 141 of the Companies Act, 2013, and the rules made thereunder.



FIXED DEPOSITS

During the year under review, the Company has not invited, renewed, or accepted any fixed deposits.

INTERNAL, SECRETARIAL AND COST AUDITORS

During the year under review, the Company was neither required to appoint internal Auditors, Secretarial Auditors, or Cost Auditors nor to maintain cost records.

ANNUAL RETURN

According to the provisions of Section 134(3)(a) and Section 92 of the Companies Act, 2013, the Annual Return of the Company as on March 31, 2025, has been uploaded to the Company's website at the web link: <https://www.jsiindia.org/annual-report>

CAPITAL OF THE COMPANY

During the year, there is no change in the Authorized, Issued, Subscribed, and Paid-up share capital. The Company has neither issued any equity shares with differential rights nor granted any employee stock options/sweat equity shares to the directors, officers, or employees of the company, nor did buy back any shares.

HOLDING, SUBSIDIARY, JOINT VENTURE, AND ASSOCIATE COMPANIES

The Company does not have any holdings, subsidiaries, associate companies, or joint ventures.

DIRECTORS

Mr. Arun Monga (DIN: 07813746) resigned from his position as Director of the Company with effect from **March 10, 2025**. The Board places on record its sincere appreciation for his valuable contributions and guidance during his tenure. There is no other change in the Company's Board of Directors during the year under review. As a Company registered under **Section 8 of the Companies Act, 2013**, the requirement to appoint **Independent Directors** is not applicable.

Further, it is confirmed that **none of the Directors or their relatives** have extended any unsecured loans to the Company during the financial year.

NUMBER OF MEETINGS OF THE BOARD OF DIRECTORS

During the year, **2 (two) meetings** of the Board of Directors were held as per provisions of section 134(3) of the Companies Act, 2013 and Secretarial Standard-I. Details of these meetings are appended below:

Date of Meetings	Directors' strength on the Board	Number of Directors Attended
June 12, 2024	3	3
December 27, 2024	3	3
March 10, 2025	3	3



Details of the number of Board meetings attended by the Directors during the financial year under review are as follows:

Name of the Directors	Entitled to attend the Board meeting	Number of meetings attended
Mr. Niraj Agarwal	3	3
Mr. Arun Monga	3	3
Mr. Joydeep Sen	3	3

The Company is not required to form any Committee of the Board of Directors.

NUMBER OF GENERAL MEETINGS

The 10th Annual General Meeting was held on July 9, 2024, and attended by Mr. Niraj Agarwal and Mr. Arun Monga, Members and Directors of the Company. No Extraordinary General Meeting was held during the period under review.

PARTICULARS OF LOANS, GUARANTEES, AND INVESTMENTS

The Company has neither given any loans nor provided any guarantees nor made any investments under the provisions of Section 186 of the Companies Act, 2013.

BUSINESS RISK MANAGEMENT

The Company has established a mechanism to **identify, assess, monitor, and mitigate** various risks that may impact the achievement of its key business objectives. Major risks identified across the organization are **continuously reviewed and addressed** through appropriate and timely mitigating actions. The Company is not required to form a Risk Management Policy.

The Board and management remain committed to maintaining a **robust and responsive risk management framework** to support informed decision-making and safeguard the interests of stakeholders.

DIRECTORS' RESPONSIBILITIES STATEMENT

Pursuant to Section 134 (3) (c) of the Companies Act, 2013, the Directors confirm that:

- in preparation for the annual accounts, the applicable accounting standards have been followed along with a proper explanation relating to material departures.
- The Appropriate accounting policies have been selected and applied consistently, and have made judgments and estimates that are reasonable and prudent to give a true and fair view of the State of affairs of the Company as on March 31, 2025, and of the profit or loss of the Company for the year ended on March 31, 2025.
- Proper and sufficient care has been taken for the maintenance of adequate accounting records in accordance with the provisions of the Companies Act, 2013, for the safeguard of the assets of the Company, for preventing and detecting fraud and other irregularities.
- The annual accounts have been prepared on a going-concern basis.



- Directors of the company had devised proper systems to ensure compliance with the provisions of all applicable laws, and such systems were adequate and operating effectively.

CONSERVATION OF ENERGY, TECHNOLOGY ABSORPTION AND FOREIGN EXCHANGE EARNINGS AND OUTGO

1. The Company has continuously taken the following steps to conserve energy:
 - Effective utilization of computers;
 - Switching off computers, fans, AC Systems, and lights when not required; and
 - Spreading awareness among the employees and staff members to conserve energy at all levels.
2. The Company has no technology that requires absorption.
3. During the year, there were neither any earnings nor expenses in foreign exchange during the financial year under review.

PARTICULARS OF CONTRACTS OR ARRANGEMENTS WITH RELATED PARTIES

The Company has not entered into any transaction with any related party as per the provisions of section 188 of the Companies Act, 2013.

REMUNERATION TO DIRECTORS

During the year, the company has not paid remuneration/sitting fee/commission to any of the Directors of the Company.

CORPORATE SOCIAL RESPONSIBILITY

The provisions of section 135 of the India Companies Act, 2013, read with the relevant Rules, do not apply to the Company.

SIGNIFICANT AND MATERIAL ORDERS PASSED BY THE REGULATORS OR COURTS

There are no significant, material orders passed by the regulators or courts, which would impact the going concern status of the Company and its future operation.

COMPLAINTS UNDER SEXUAL HARASSMENT OF WOMEN AT WORKPLACE (PREVENTION, PROHIBITION, AND REDRESSAL) ACT, 2013

The Internal Complaints Committee formed as per provisions of the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, has not received any complaint under the captioned Act. Thus, no complaint was pending for redressal as on March 31, 2025. The Company has also complied with the legal provisions related to maternity benefits.

ACKNOWLEDGEMENT

The Board of Directors places on record its **sincere appreciation and gratitude** to all **donors, bankers, associates, consultants, Government authorities**, and other **stakeholders** for their continued trust, cooperation, and support extended to the Company during the year under review.



The Directors also wish to express their **deep appreciation to the staff and team members** of the Company for their unwavering commitment, dedication, and valuable contributions toward achieving the organizational mission and objectives.

Together, these collective efforts have enabled the Company to continue delivering impactful and sustainable public health interventions across the country.

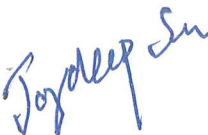
**For and on behalf of the Board of
JSI R&T India Foundation**




Niraj Agarwal

Director

DIN: 07662581



Joydeep Sen

Director

DIN: 08841345

Place: New Delhi

Date: June 26, 2025

ANNEXURE – B

FORM NO. AOC.2

Form for disclosure of particulars of contracts/arrangements entered into by the company with related parties referred to in sub-section (1) of section 188 of the Companies Act, 2013 including certain arm's length transactions under third proviso thereto

(Pursuant to clause (h) of sub-section (3) of section 134 of the Act and Rule 8(2) of the Companies (Accounts) Rules, 2014)

1. Details of contracts or arrangements or transactions not at arm's length basis

- | | |
|---|----|
| a) Name(s) of the related party and nature of relationship - | NA |
| b) Nature of contracts/arrangements/transactions - | NA |
| c) Duration of the contracts/arrangements/transactions - | NA |
| d) Salient terms of the contracts or arrangements or transactions including the value, if Any - | NA |
| e) Justification for entering into such contracts or arrangements or transactions - | NA |
| f) Date of approval by the Board - | NA |
| g) Amount paid as advances, if any: - | NA |
| h) Date on which the special resolution was passed in general meeting as require under first proviso to section 188 - | NA |

2. Details of material contracts or arrangement or transactions at arm's length basis

- | | |
|--|----|
| a) Name(s) of the related party and nature of relationship – | NA |
| b) Nature of contracts/arrangements/transactions - | NA |
| c) Duration of the contracts/arrangements/transactions - | NA |
| d) Salient terms of the contracts or arrangements or transactions including the value, if any: - | NA |
| e) Date(s) of approval by the Board, if any: - | NA |
| f) Amount paid as advances, if any: - | NA |

On behalf of the Board of Directors
JSI R&T INDIA FOUNDATION

Niraj Agrawal
Niraj Agarwal
Director
DIN: 07662581



Joydeep Sen
Joydeep Sen
Director
DIN: 08841345

Place: New Delhi

Date: June 26, 2025