

I.C.D.S. BRANCH
DISTRICT PANCHAYAT
DEVBHUMI DWARKA
AT - KHAMBHALIYA



આઈ.સી.ડી.એસ. શાખા
જીલ્લા પંચાયત ભવન
દેવભૂમિ ઢ્વારકા
મુ. - ખંભાળિયા

E-MAIL:- dpo.devbhumidwarka@gmail.com

જા.નં. ICDS/જિ.પં./વર્ક/આંકડા/ ૬૫/૨૦૨૪

તારીખ:- ૨૬/૦૭/૨૦૨૪

To,
The Director,
JSI R&T India Foundation,
New Delhi

Subject: Appreciation for Nayara Energy's initiated PROJECT TUSHTI's Contribution in providing support to combat malnutrition in Devbhoomi Dwarka district of Gujarat


We extend our heartfelt appreciation for your exceptional work in significantly improving nutritional status of children by strengthening our ICDS services through your innovative approaches and collaborative efforts. TUSHTI team's collaboration with AWW for joint growth monitoring, individual tracking of underweight children and counselling for behaviour change of communities has been noticeable. The success of Phase one of PROJECT TUSHTI in reducing the rate of malnutrition by around 40% has laid a strong foundation to make Dwarka district malnutrition free (KUPOSHAN MUKT DWARKA) in the coming years. Publicly felicitating families who demonstrated an improvement in the nutritional status of their children as Adarsh families, with pre-primary education kits is a good approach to motivate other families and promote early childhood development. We also recognize your support in providing us with digital weighing machines and Stature meter which has helped us in taking correct anthropometric measurements.

Tushti's interventions such as, **POSHAN VATIKA** has been impactful in combating malnutrition amongst pregnant women, lactating mothers, adolescent girls, and children by promoting the consumption of organic and fresh vegetables at their home. Other intervention like **PURNA POTLI**: a complete health kit for adolescent girls is itself a distinct step for promoting awareness and adoption of positive behavior around menstrual hygiene among young girls. The Purna Potli kit comprising of a comic book as a self-learning tool, set of 4 reusable cloth pads along with a manual and a carry-on pouch, was very beneficial for the non-school going adolescent girls. We expect this to be distributed to all the non-school going girls of our district.

TUSHTI team has always given immense amount of support in activities like providing nutrition kits, behavioral change activities, celebration of all important days, regular celebration of 4 Tuesdays, celebration of VHSND, orientation of our workers on ILA modules and Live recipe demonstration as well as providing IT equipments to the department for smooth implementation of our activities.

We thank PROJECT TUSHTI for their support in combating malnutrition through sustainable approaches in Devbhoomi Dwarka district.




Program Officer
ICDS, Devbhumi Dwarka